



## **Optik 210 Instructions**

Remember, because this is a camera helmet, you want it to fit tighter than the normal skydiving helmet. Included with your helmet, you will find a few extra pieces of foam (shims). Put the helmet on your head and feel the fit. If it is too loose, use the shims supplied and place them inside the liner, where needed. If you have a narrow jaw area and find that you can't tighten up the chin cup enough without distorting the strap, you can unscrew it from the outside of the helmet and install it on the inside of the helmet, if necessary. Put the helmet on and mark the chin strap at the indentation in the Chin Cup. Cut off excess ladder strap. Make sure to leave 2 ½ - 3" showing on the loose end. Make sure the ends do not overlap inside the chin cup. They should meet end to end.

## WARNING!

Bonehead Composites has made every attempt to build their products to be as safe as possible. However, Bonehead Composites, JF Christopher Inc., their dealers and employees cannot be held responsible for injuries, losses or death occurring through proper or improper use of their product. At the moment of use, the USER accepts full responsibility for their own well being and property with full knowledge of the risks involved in their activities. Though no activity is 100% safe, the user can greatly reduce their chance of equipment loss, injury or death by practicing emergency procedures and through proper gear maintenance.